

**SCOTTISH EQUITABLE**  
**MORTGAGE PROTECTION**  
**POLICY CONDITIONS**  
**MP5**



**Scottish Equitable**  
**Protect**



## INTRODUCTION

The Policy Schedule issued along with and referring to this Booklet, together with the following Policy Conditions and subsequent Endorsements which are executed by Scottish Equitable, constitutes a Contract of Assurance between Scottish Equitable plc ('Scottish Equitable') and the Policyholder(s) specified in the Policy Schedule and is based on the Application made to Scottish Equitable by the Policyholder(s) and the acceptance of that Application.

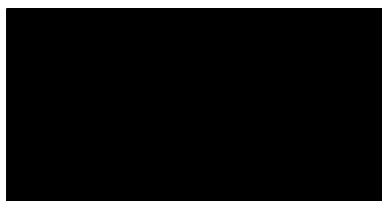
Scottish Equitable will in respect of the Policy pay the benefits provided by the Policy in accordance with the following Policy Conditions.

Before paying the benefits Scottish Equitable will require to be satisfied of:

1. the occurrence of the event or contingency on which the benefits are to become payable;
2. the title of the person(s) claiming the benefits; and
3. the age or ages of the Life or Lives Assured named on the Policy Schedule.

THE CODE NUMBER FOR THIS BOOKLET OF POLICY CONDITIONS IS 'MP5'.

Executed on behalf of Scottish Equitable on the Date of Execution shown on the Policy Schedule.



Managing Director  
Scottish Equitable plc



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### **The Policies of Assurance Act 1867**

If this Policy is assigned by the Policyholder to any third party, written notice of the date of, the parties to and the effect of the Assignment/ Assignment must be given in duplicate to Scottish Equitable's office at Ballam Road, Lytham St Annes, Lancashire FY8 4JZ or to its Registered Office from time to time.

## 1. Definitions

In this Policy, unless the context sets out something different:

- (a) words implying the masculine include the feminine, and vice versa;
- (b) words in the singular include the plural, and vice versa;
- (c) where the context allows, words and expressions used in the Policy Schedule shall have the same meaning when used in these Conditions;
- (d) the following terms and expressions have the following meanings:

**'The Actuary'** shall mean the Appointed Actuary of Scottish Equitable from time to time.

**'Benefit Amount'** shall mean the Benefit Amount specified in the Policy Schedule as varied either pursuant to any of the following Conditions or otherwise agreed by Scottish Equitable and the Policyholder.

**'Benefit End Date'** shall be the date or dates, referred to on the Policy Schedule, on which the Life Assured will cease to be covered for the specified benefit.

**'Benefit Start Date'** shall mean the date or dates on which the Life Assured starts to be covered for a particular benefit.

**'Critical Illness'** shall mean one of the Critical Illnesses as more particularly defined in the Appendix to these conditions.

**'Guaranteed Insurability Option'** shall mean the guaranteed insurability option under the Policy that is described in Condition 5(e).

**'Health Professional'** shall mean a Consultant Physician, Consultant Psychiatrist, Psychologist, Occupational Therapist, Physiotherapist or any other suitably qualified specialist that Scottish Equitable considers to have expertise relevant to the Life Assured's incapacity.

**'Irreversible'** shall mean a condition which cannot be cured by medical treatment and/or surgical procedures used by the National Health Service in the UK at the time of making a claim. **'Irreversibly'** shall have an equivalent meaning.

**'Life Assured'** shall mean the Life Assured specified in the Policy Schedule.

**'Main Benefit'** shall mean any of the main benefits under the Policy that are described in Condition 4.

**'Material and Substantial duties'** shall mean those duties that are normally required for the performance of the Life Assured's own occupation and cannot be reasonably omitted or modified by the Life Assured or his employer.

**'Permanent'** shall mean a condition that is expected to last throughout the Life Assured's life, irrespective of when the cover ends or the Life Assured retires. **'Permanently'** shall have an equivalent meaning.

**'Policy'** shall mean and comprise:

- (i) a Policy Schedule which refers to the Policyholder;
- (ii) these Policy Conditions (the code number of which is referred to on the Schedule); and
- (iii) any endorsement to the Policy Conditions and/or to the Policy Schedule.

**'Policyholder'** shall mean the policyholder or policyholders named in the Schedule or his or their absolute assignees or, where the Policy is written under trust, the trustees from time to time thereof or their absolute assignees.

**'Policy Schedule'** shall mean the Policy Schedule issued herewith.

**'Policy Start Date'** shall mean the date when the contract started and is stated on the Schedule.

**'Special Condition'** shall mean such Special Condition(s) as stated on the Policy Schedule or otherwise intimated to the Policyholder.

**'Terminal Illness'** shall be as more particularly defined in the list of Critical Illness Definitions contained in the Appendix to these Conditions.

## 2. Discretionary Powers

- (a) The provisions of the Policy set out situations where Scottish Equitable has discretionary powers, but do not generally set out the limits, or all the limits, which apply when those powers are used.
- (b) The effect of this Condition is to set out the general approach which Scottish Equitable will take for the powers set out below when exercising those powers under the Policy.

### (c) Evidence of Health and Other Information

- (i) The provision of benefits under the Policy depends on, among other things, Scottish Equitable getting clear and material evidence and information (eg evidence of health of the Life Assured).
- (ii) Scottish Equitable shall ask for such evidence in good faith and in a reasonable manner. The evidence or information asked for shall not be unreasonably excessive or unreasonably onerous and shall be consistent with the gathering of information which is material to a fair assessment by Scottish Equitable of the risk presented by the contingency on which any benefits are to be payable and bearing in mind the amount of any benefit that may become payable.

**(d) Long-Term Business**

The Policy is a policy which is regarded as long-term business. Owing to this long-term nature, it is impossible to foresee all the possible changes in legislation or other law that may occur during the term of the Policy. Where there are any changes or new provisions, and these relate to these Conditions, Scottish Equitable may amend, in good faith, these Conditions to take account of those changes.

The amendment may be made by Scottish Equitable without the consent of any party having a real or contingent right to benefits under the Policy.

**3. Payment of Premiums**

**(a) Premium Payment**

Premiums shall be due and payable on the dates specified in the Policy Schedule. Premiums shall be paid by direct debit on an account with a bank approved by Scottish Equitable or otherwise as Scottish Equitable may, from time to time, require or agree to.

**(b) Premium Review**

- (i) Where it is stated on the Policy Schedule that premiums will be reviewed then Scottish Equitable will, in good faith, based on normal actuarial principles, vary the premium in respect of the Policy and its underlying benefits to a level that is appropriate to maintain the benefits under the Policy at the same level as prior to the review.
- (ii) Premium reviews, where applicable, will take effect on the fifth anniversary of the Policy Start Date and thereafter every five years on the anniversary of the Policy Start Date.

**(c) Days of Grace**

- (i) Thirty days of grace will be allowed for payment of any premium due hereunder. If the Benefit Amount becomes payable within the days of grace and before payment of the premium, the amount of such premium will be deducted from the Benefit Amount payable.
- (ii) If any premium is not paid within the days of grace the Policy shall lapse.
- (iii) Scottish Equitable may, at its sole discretion, agree to reinstate a Policy that has lapsed subject to such additional terms and conditions that it may apply and to the payment of all outstanding premiums.

**4. Main Benefits**

This part of the Policy Conditions details all of the available Main Benefits to all policyholders with a Mortgage Protection Policy.

The Policyholder will only be covered for such main benefits that he has applied for, that Scottish Equitable has accepted him for and where the Benefit is specifically included in the Policy Schedule issued in connection with these Conditions. In the event that a Benefit described in these Conditions is not included in the Policy Schedule then the part of these Policy Conditions relating to that Benefit shall not apply to the Policy or to the Policyholder.

Where a claim is paid in relation to any Main Benefit then no further claim for that Main Benefit will be admitted (except for Income Protection) and any additional benefits and options relating to that main benefit which have not previously terminated shall terminate immediately on payment of the claim.

**(a) Life Protection**

In the event that the Life Assured, or one of the Lives Assured if more than one, dies prior to the Benefit End Date, or is diagnosed as having a Terminal Illness and where death is expected within 12 months and before the Benefit End Date, then the Benefit Amount will become payable.

**(b) Critical Illness Protection**

In the event that the Life Assured, or one of the Lives Assured if more than one, is, prior to the Benefit End Date, diagnosed as suffering from a Critical Illness and does not die within 14 days following such diagnosis, then the Benefit Amount will become payable.

**(c) Life With Critical Illness Protection**

In the event that the Life Assured, or one of the Lives Assured if more than one, dies or is diagnosed as suffering from a Critical Illness prior to the Benefit End Date, then the Benefit Amount will become payable.

**(d) Reducing Life Protection**

- (i) In the event that the Life Assured, or one of the Lives Assured if more than one, dies prior to the Benefit End Date, or is diagnosed as having a Terminal Illness and where death is expected within 12 months and before the Benefit End Date, then the Benefit Amount will become payable.
- (ii) The Benefit Amount, as at the Benefit Start Date, will reduce on each anniversary of the Benefit Start Date in line with the reduction in the notional outstanding capital balance on a notional mortgage as if the Benefit Amount, from time to time, is the capital sum outstanding under a capital and interest mortgage where the rate of interest to be

charged, immediately prior to the anniversary of the Benefit Start Date, is 10% per annum compound.

- (iii) Scottish Equitable shall, on request by the Policyholder, confirm the actual Benefit Amount applicable from time to time.

**(e) Reducing Critical Illness Protection**

- (i) In the event that the Life Assured, or one of the Lives Assured if more than one, is, prior to the Benefit End Date, diagnosed as suffering from a Critical Illness and does not die within 14 days following such diagnosis, then the Benefit Amount will become payable.
- (ii) The Benefit Amount as at the Benefit Start Date will reduce on each anniversary of the Benefit Start Date in line with the reduction in the notional outstanding capital balance on a notional mortgage as if the Benefit Amount, from time to time, is the capital sum outstanding under a capital and interest mortgage where the rate of interest to be charged, immediately prior to the anniversary of the Benefit Start Date, is 10% per annum compound.
- (iii) Scottish Equitable shall, on request by the Policyholder, confirm the actual Benefit Amount applicable from time to time.

**(f) Reducing Life with Critical Illness Protection**

- (i) In the event that the Life Assured, or one of the Lives Assured if more than one, dies or is diagnosed as suffering from a Critical Illness prior to the Benefit End Date, then the Benefit Amount will become payable.
- (ii) The Benefit Amount as at the Benefit Start Date will reduce on each anniversary of the Benefit Start Date in line with the reduction in the notional outstanding capital balance on a notional mortgage as if the Benefit Amount, from time to time, is the capital sum outstanding under a capital and interest mortgage where the rate of interest to be charged, immediately prior to the anniversary of the Benefit Start Date, is 10% per annum compound.
- (iii) Scottish Equitable shall, on request by the Policyholder, confirm the actual Benefit Amount applicable from time to time.

**(g) Income Protection**

- (i) In the event that the Life Assured suffers a loss of Income due to becoming Incapacitated prior to the Benefit End Date then the Benefit Amount, as stated on the Policy Schedule and as varied in accordance with these Conditions, will become payable from the end of the Deferred Period. The Benefit

Amount is payable on a calendar month basis in arrears and will cease to be paid on the earlier of:

- (a) the Benefit End Date,
- (b) the date of death of the Life Assured,
- (c) the Life Assured no longer satisfying the definition of Incapacity, or
- (d) the Life Assured no longer suffering a loss of Income.

**(ii) Definitions**

In this Condition the following terms and expressions shall have the following meanings:

**'Deductions'** shall mean the following amounts which are deductible from the calculation of the Benefit Amount payable:

- (a) Any continuing Income.
- (b) Benefits payable under any other illness, injury or income protection policy (or policies) on the life of the Life Assured.
- (c) Pensions or pension benefits payable in the event of illness.
- (d) Waiver of premium benefits payable on the life of the Life Assured under any policy or creditor insurance where the benefits, at outset, under such contracts are potentially payable for more than two years.

**'Deferred Period'** shall mean the continuous period of Incapacity as stated on the Policy Schedule as being the Deferred Period, beginning on the day the Life Assured is Incapacitated in terms of these Conditions.

**'Incapacity'** for the purposes of this Main Benefit (and the term 'Incapacitated' shall have an equivalent meaning) shall mean one of the following three definitions as selected by the Policyholder and stated on the Policy Schedule:

**'Own Occupation'**. The Life Assured is unable to do the Material and Substantial duties of their own occupation as a result of accident or sickness and is not following any other occupation. Material and substantial duties are those duties that are normally required for the performance of the Life Assured's own occupation and cannot reasonably be omitted or modified by them or their employer.

**'Any Suited Occupation'**. The Life Assured is unable to do their own occupation and unable to do all other occupations to which they are reasonably suited by education, training or experience as a result of accident or sickness.



**'Activities of Daily Work'**. The Life Assured will be deemed to be incapacitated if they are unable to perform three or more of the following criteria or if they satisfy either the Mental Incapacity or Mental Ill-health definitions.

*Walking* – the ability to walk a distance of 200 metres on a level surface without stopping due to breathlessness, angina or severe discomfort, and without the assistance of another person but including the use of appropriate aids, eg a walking stick.

*Climbing* – the ability to walk up and down a flight of 12 stairs with the use of a handrail and taking a rest.

*Bending* – the ability to get into or out of a standard saloon car, or the ability to bend or kneel to pick up a tea cup (or similar object) from the floor and straighten up again without the assistance of another person but including the use of appropriate aids.

*Communicating* – the ability to:

- a) clearly hear (with a hearing aid or other aid if normally used) conversational speech in a quiet room; or
- b) understand simple messages; or
- c) speak with sufficient clarity to be clearly understood

*Reading* – having eyesight, even after correction by spectacles or contact lenses, sufficient to read a standard daily newspaper or to pass the standard eyesight test for driving. Failure for this activity would include being certified blind or partially sighted by a registered ophthalmologist.

*Dexterity* – the physical ability to use hands and fingers, such as being able to communicate effectively using a pen, pencil or keyboard.

*Responsibility and independence* – the ability to independently make arrangements to see a doctor and take regular medication as prescribed by a medical practitioner, or similarly qualified medical doctor.

*Financial competence* – the ability to recognise the transactional value of money and the handling of routine financial transactions such as paying bills or checking change when shopping.

**'Mental Incapacity'** is defined as:

'Organic brain disease or brain injury (confirmed by neurological investigation) which has affected the ability of the Life Assured to reason and understand and has caused deterioration to an extent that they

can no longer look after themselves without the need for continual supervision and assistance of another person.'

**'Mental Ill-health'** is defined as:

'Severe Mental Illness Classification ICD-10 Code. To qualify, the Life Assured will be required to be under the supervision of the mental health team Care Programme Approach (CPA) at its highest level (with or without Supervision Register) or equivalent.'

**'Income'** for the employed means gross taxable earnings in the 12 months before Incapacity. Taxable earnings can include annual salary, bonuses, commission which is part of the Life Assured's normal remuneration, the value of all P11D benefits that the Life Assured will lose in the event of Incapacity and overtime that the Life Assured can prove has formed part of their normal remuneration over the 12 months before Incapacity.

**'Income'** for the self-employed means the net profit from their occupation averaged over the three years before Incapacity as assessed for Income Tax and as shown on an agreed notice of assessment provided by the Inland Revenue.

(iii) *Limitation of Benefit Amount*

(a) The Benefit Amount payable per annum will be restricted to the lower of:

- a sum equal to 55% of the Life Assured's Income, less any applicable Deductions; and
- £130,000.

Where the Life Assured is a house person or is not in paid employment the Benefit Amount payable will be restricted to the lower of £1,250 per month and the selected Benefit Amount as shown on the Policy Schedule. State benefits will not be deducted from the Benefit Amount.

(b) In the event of a claim, where the Life Assured's Income at the time when a claim is made is less than the Income used to calculate the Benefit Amount at the Benefit Start Date, then the Benefit Amount payable will be reduced to reflect the reduction in Income and to take account of all applicable deductions. In these circumstances the Policyholder will not be entitled to a refund of premiums or any proportion of premiums paid.

In the event that the Life Assured has two (or more) occupations, Income from both (or all) can be taken into account for the purposes of calculating the maximum Benefit Amount payable.

(iv) *Unemployed/Houseperson's Benefit*

In the event that the Life Assured, in respect of whom Income Protection is being claimed, is not in paid employment prior to Incapacity (or their declared occupation as stated on the Policy Schedule is that of a houseperson) then the Deferred Period will be a minimum of 13 weeks or such greater period as stated on the Policy Schedule, and the Incapacity definition applicable will be 'Activities of Daily Work' notwithstanding the definition selected by the Policyholder and as stated on the Policy Schedule. In such cases the Benefit Amount payable will be subject to the limitation described in (iii)(a) above.

(v) *Proportionate Benefit*

In the event that the Life Assured suffers a reduced Income due to becoming Incapacitated prior to the Benefit End Date and is following an alternative occupation at a lower Income level, then a Proportionate Benefit Amount will become payable from the end of the Deferred Period or such later date that the Life Assured first starts to follow an alternative occupation. The Benefit Amount is payable on a calendar month basis in arrears and is calculated according to the following formula:

$$\text{Proportionate Benefit} = \frac{[(\text{Income} - \text{reduced Income}) \times \text{Benefit Amount}]}{\text{Income}} - \text{applicable Deductions}$$

The Benefit will cease to be paid on the earliest of the following:

- the Benefit End Date,
- the date of death of the Life Assured,
- the Life Assured no longer satisfying the definition of Incapacity, or
- the Life Assured no longer suffering a reduced Income.

For Proportionate Benefit, the Life Assured must satisfy the definition of Incapacity as selected by the Policyholder and as shown on the Policy Schedule and must be following an alternative occupation or have obtained different work at a lower Income level.

Proportionate Benefit will not be payable in the event that the 'Activities of Daily Work' definition of Incapacity has been selected by the Policyholder and is stated on the Policy Schedule.

Income Protection need not have to have been paid in respect of the Life Assured in order to claim for Proportionate Benefit.

(vi) *Rehabilitation Benefit*

In the event that the Life Assured suffers a reduced Income due to becoming Incapacitated prior to the Benefit End Date, but returns to work in a reduced capacity, then a Rehabilitation Benefit Amount will become payable from the end of the Deferred Period, or such later date that the Life Assured returns to work in a reduced capacity. The Benefit Amount is payable on a calendar month basis in arrears and is calculated according to the following formula:

$$\text{Rehabilitation Benefit} = \frac{[(\text{Income} - \text{reduced Income}) \times \text{Benefit Amount}]}{\text{Income}} - \text{applicable Deductions}$$

Rehabilitation Benefit will cease to be paid on the earliest of the following:

- the Benefit End Date,
- the date of death of the Life Assured,
- the Life Assured no longer satisfying the definition of Incapacity, or
- the Life Assured no longer suffering a reduced Income.

For Rehabilitation Benefit the Life Assured must satisfy the definition of Incapacity as selected by the Policyholder and as shown on the Policy Schedule but may have returned to the same occupation as the Life Assured was carrying out before the Incapacity, in a reduced capacity or on different terms which has resulted in reduced Income.

(vii) *Career Break Option*

- (a) In the event that the Life Assured takes a company career break that he is entitled to in terms of his contract of employment then the Deferred Period will be 13 weeks or such greater period as stated on the Policy Schedule and the Benefit Amount will be either the maximum level applicable to a house person as detailed in (iii) above, or the Benefit Amount stated on the Policy Schedule, whichever is lower.

(b) When the option as described in (a) above is exercised, the applicable definition of 'Incapacity' shall be Activities of Daily Work notwithstanding the definition selected by the Policyholder and stated on the Policy Schedule.

(c) Scottish Equitable must be informed in writing where this option is to be exercised. The premium payable in respect of Income Protection (and Waiver of Premium Benefit) may be reduced in line with the Benefit Amount payable under this Condition only following receipt by Scottish Equitable of written notification from the Policyholder.

(d) Where the Life Assured returns to work within five years of taking a career break, the Benefit Amount, premium and definition of Incapacity may be restored to that applying before the career break without the requirement of further medical underwriting.

(e) In the event of a re-instatement in terms of section (vii)(d) above, where the Policy Schedule indicates that the Indexation Option, as described in Condition 3(d) is applicable to the Policy, the Benefit Amount may be set to the level that it would have reached had the Life Assured not taken a career break, subject to the equivalent increase in premiums.

(viii) *Claims in Payment*

All provisions of the Policy shall continue when Income Protection is being paid except where otherwise stated to the contrary.

(ix) *Linked Claims Benefit*

Where there is a recurrence of Incapacity from the same or, a related cause, it shall be deemed to be a continuation of the Incapacity and no Deferred Period shall be applicable thereto unless an intervening period of six months has elapsed.

(x) *Notification of Incapacity*

(a) Income Protection shall not be provided in respect of any period occurring before Scottish Equitable receives written intimation of the claim and evidence, satisfactory to Scottish Equitable, of Incapacity.

(b) (1) Where the Policyholder wishes to make a claim for Income Protection, Scottish Equitable must

be notified as soon as possible and in any event at least in accordance with the following criteria:

Deferred period	Notification period
4 or 8 weeks	by week 2
13 weeks	by week 4
26 weeks	by week 6
52 weeks	by week 12

(2) In the event that the Policyholder fails to notify Scottish Equitable within the above time limits, any Benefit Amount payable may be subject to delay or could affect the decision on the claim.

(3) The Policyholder must make notification by telephone on 0845 6000493 or in writing to Scottish Equitable Claims, Ballam Road, Lytham St Annes, Lancashire FY8 4JZ.

(xi) *Evidence of Incapacity*

Scottish Equitable shall be entitled to seek and obtain evidence of Incapacity and any other evidence as Scottish Equitable may require from time to time for the purpose hereof and, without prejudice to the foregoing generality, the following provisions shall apply:

(a) Written evidence of Incapacity and such other evidence as Scottish Equitable may require shall be provided not later than one month after the end of the Deferred Period;

(b) If entitled to Income Protection, the Policyholder shall submit reports relating to the Incapacity of the Life Assured in a form prescribed by Scottish Equitable at such intervals as Scottish Equitable may reasonably decide and shall submit himself from time to time to medical examination by a medical officer appointed by Scottish Equitable. Where appropriate Scottish Equitable will arrange a specialist assessment or home visit by a medical or health professional relevant to the Life Assured's condition.

(c) The Policyholder will not be entitled to Income Protection if the Life Assured fails to seek or follow the advice of his Personal Medical Attendant or Consultant.

- (d) All evidence of incapacity or other evidence as Scottish Equitable may require in terms of this provision shall be produced free of expense to the policyholder and the life assured.

### **5. *Guaranteed Insurability Option – Change of Home, Change of Mortgage, Home Improvement or Home Extension***

This option will only be available in the event that the Life Assured has been accepted at ordinary rates. It can only be exercised when the Benefit End Date for the Main Benefit, in respect of which this option is being exercised is at least one year after the date on which the increase in the Benefit Amount is due to be effective.

When an option is exercised by the Policyholder, Scottish Equitable shall retain the right to amend, vary or substitute these Policy Conditions with alternative conditions in order to reflect current terms and conditions available to new policyholders at the time of exercise of the option.

The Policyholder shall have the option (unless this option has been excluded, as stated on the Policy Schedule), by application in writing to Scottish Equitable, within six months of the happening of the relevant event described below, to increase the Benefit Amount applicable to a Main Benefit subject to the following conditions:

- (a) In the case of the Life Assured increasing his mortgage over his main residence as a result of either changing home, changing mortgage, making home improvements or carrying out a home extension the Benefit Amount may be increased. This option may be exercised on more than one occasion but the total aggregate increase in the Benefit Amount as a result of exercising this option, and any other Guaranteed Insurability Option, shall be restricted to the lower of 50% of the Benefit Amount (excluding any part of the Benefit Amount that has arisen from the previous exercise of any Guaranteed Insurability Option) as at the date of receipt by Scottish Equitable of the application to exercise this option, and £150,000 (£10,000 per annum for Income Protection subject always to the maximum Benefit Amounts in Condition 4(g)(iii) not being exceeded at any time).
- (b) Where an option is exercised on more than one occasion then the percentage increases in Benefit Amount on each occasion shall be added together. When the combined percentages reach 50% then no further exercise of this option is permitted.
- (c) The Policyholder will be required to produce written evidence from the Life Assured's lender and previous lender (if applicable), that is

satisfactory to Scottish Equitable, which clearly shows the increase in the mortgage of the Life Assured before the increase in the Benefit Amount can be effected.

- (d) As a result of exercising this option the Benefit End Date for the additional Benefit Amount must be no later than the 70th (65<sup>th</sup> for Income Protection) birthday of the Life Assured or, where there is more than one Life Assured, the 70th (65<sup>th</sup> for Income Protection) birthday of the elder of the Lives Assured.
- (e) This option will cease to be exercisable by the Policyholder when the Life Assured or, if there is more than one Life Assured, the elder of the Lives Assured has attained the age of 55 years.
- (f) No evidence of the good health of the Life Assured shall be required when exercising this option. Scottish Equitable reserves the right to obtain from the Policyholder, prior to the exercise of the option becoming effective, such evidence as to the residency, occupation, smoking activity and leisure pursuits of the Life Assured as Scottish Equitable deems necessary in order to calculate the additional premium required in relation to the exercise of this option.
- (g) **Termination of Guaranteed Insurability Option**  
On diagnosis of a Critical Illness or Total and Permanent Disability, in respect of which a claim for a Main Benefit (other than Income Protection) is subsequently paid, the right to exercise any of the options included in this Condition shall terminate immediately on such diagnosis. On the date of Incapacity, in respect of which a claim for Income Protection is subsequently paid, the right to exercise any of the options included in this Condition shall terminate immediately on that date, however the options under this Condition shall be reinstated in the event that the Life Assured ceases to suffer from the Incapacity.
- (h) This option can only be exercised when the Benefit End Date for the Main Benefit, in respect of which this option is being exercised, is at least one year after the date on which the increase in the Benefit Amount is due to be effective.

### **6. *Additional Benefits***

- (a) **Total and Permanent Disability Benefit**
  - (i) Where it is shown on the Policy Schedule that Total and Permanent Disability Benefit applies to a particular Main Benefit then, in the event that a Life Assured becomes Totally and Permanently Disabled as a result of sickness or accident as defined in the Policy Schedule, provided that that Life Assured survives for six months after the date on which Total and Permanent Disability is

confirmed in writing to Scottish Equitable, the Benefit Amount in relation to the Main Benefit will become payable.

For the purposes of this Condition, 'Total and Permanent Disability' (the term 'Totally and Permanently Disabled' shall have an equivalent meaning) shall mean one of the three following definitions as selected by the Policyholder and stated on the Policy Schedule.

**'Own Occupation'.** The Life Assured must be Permanently and Irreversibly disabled from carrying out the Material and Substantial duties of their occupation and there must be no reasonable prospect of there ever being any improvement sufficient to enable a return to their occupation, despite optimal appropriate medical and rehabilitation intervention. This disability must have already existed for a continuous period of six months.

**'Any Occupation'.** The Life Assured must be Permanently and Irreversibly disabled from carrying out any occupation and there must be no reasonable prospect of there ever being any improvement sufficient to enable a return to any occupation of any kind at all despite optimal appropriate medical and rehabilitation intervention. This disability must have already existed for a continuous period of six months.

**'Activities of Daily Living'.** The Life Assured has been unable, by reason of bodily injury or mental or physical illness, to carry out any three of the following five activities of daily living, because of total and permanent disability lasting for a continuous period of six months and are and will continue to be unable to perform any three of these activities without the use of special equipment or the physical assistance of another person throughout the entire activity:

*Washing* – the ability to wash in the bath or shower (including getting into and out of the bath or shower) or wash satisfactorily by other means.

*Dressing* – the ability to put on and take off all garments and/or braces, artificial limbs or other surgical appliances, and to secure and unfasten the garments or devices.

*Feeding* – the ability to feed oneself once food has been prepared and made available.

*Toileting* – the ability to use the lavatory or otherwise manage bowel and bladder function so as to maintain a satisfactory level of personal hygiene.

*Mobility* – the ability to move indoors from room to room on level surfaces.

In addition, each of the above three definitions shall be deemed to include the permanent and irreversible mental impairment, as defined below, of the Life Assured. Permanent and irreversible mental impairment will be determined by clinical evidence and recognised tests of mental capacity and shall mean material deterioration in or loss of mental capacity which results from an identifiable organic cause evidenced by a deterioration in the ability to think, perceive, reason and remember, which results in a requirement for continual care and supervision.

(ii) In the event that the Life Assured, in respect of whom Total and Permanent Disability Benefit is being claimed, is not in paid employment (including self-employment where regular drawings are being taken) at any time during the term of the Policy or when he reaches age 60, then the definition of Total and Permanent Disability for the purposes of this Condition shall be deemed to be the 'Activities of Daily Living' definition. In the event that the Life Assured recommences paid employment prior to age 60, then the definition of Total and Permanent Disability will revert to the definition in place prior to the previous change.

(iii) In the event that the survival period of six months, as described in (i) above, commences within the period of six months prior to the relevant Benefit End Date then Scottish Equitable will make payment of the Benefit Amount, subject to the conditions stated in (i) above, at the end of the survival period and the relevant Benefit End Date will be extended accordingly for that purpose and for no other purpose.

(iv) Where a claim is paid for Total and Permanent Disability Benefit then no further claim for this Benefit, or the Main Benefit to which it is related, will be admitted.

**(b) Children's Critical Illness Protection**

(i) Where the Policy includes as a Main Benefit any cover for Critical Illness then Children's Critical Illness Protection will apply to the Policy.

- (ii) In the event that any natural or legally adopted child of the Life Assured suffers from a Critical Illness between the age of 30 days and his 18th birthday inclusive, then Scottish Equitable will pay to the Policyholder a sum amounting to the lower of 50% of the total of all Benefit Amounts (relating to Main Benefits that include Critical Illness cover) applicable to the Policy or £20,000. This benefit can be paid for more than one child of the Life Assured.
- (iii) This benefit will only be paid on one occasion in relation to any particular child although where both parents of the child are each the Life Assured under separate single life benefits under this policy, this benefit may be paid on no more than two occasions.
- (iv) In the event that a claim is paid in respect of any of the Main Benefit(s) to which this benefit relates then this benefit will terminate immediately after the claim is paid.
- (v) No claim will be admitted in relation to this benefit where, in the opinion of a medical adviser appointed by Scottish Equitable, the Critical Illness in respect of which the claim is made has resulted directly or indirectly from a condition that the child was suffering from before the date on which the child was covered under this Policy.

(c) **Waiver of Premium Benefit**

- (i) Where it is shown on the Policy Schedule that Waiver of Premium Benefit applies to the Policy then the following conditions in respect of Waiver of Premium Benefit shall apply to the Life or Lives Assured stated on the Policy Schedule as having this benefit.
- (ii) In this Condition 6(c) the following terms and expressions shall have the following meanings:

**'Benefit Period'** shall mean a continuous period of Incapacity of the Life Assured commencing at any time after the Policy Start Date and ending no later than the relevant Benefit End Date but excluding:

- (a) any Deferred Period or part of any Deferred Period; and
- (b) any period of Incapacity after the anniversary of the Policy Start Date that occurs before the 65th birthday of the Life Assured.

**'Deferred Period'** shall mean the continuous period of Incapacity as stated on the Policy Schedule as being the Deferred Period.

**'Incapacity'** shall mean (and the term 'Incapacitated' shall have an equivalent meaning), in respect of the Life Assured, one of

the following definitions as selected by the Policyholder and stated on the Policy Schedule:

**'Own Occupation'**. The Life Assured has been unable to do the Material and Substantial duties of their own occupation as a result of accident or sickness and is not following any other occupation. Material and substantial duties are those duties that are normally required for the performance of the Life Assured's own occupation.

**'Any Suited Occupation'**. The Life Assured is unable to do their own occupation and unable to do all other occupations to which they are reasonably suited by education, training or experience as a result of accident or sickness.

**'Activities of Daily Work'**. The Life Assured will be deemed to be incapacitated if they are unable to perform three or more of the following criteria or if they satisfy either the Mental Incapacity or Mental Ill-health definitions.

*Walking* – the ability to walk a distance of 200 metres on a level surface without stopping due to breathlessness, angina or severe discomfort, and without the assistance of another person but including the use of appropriate aids, eg a walking stick.

*Climbing* – the ability to walk up and down a flight of 12 stairs with the use of a handrail and taking a rest.

*Bending* – the ability to get into or out of a standard saloon car, or the ability to bend or kneel to pick up a tea cup (or similar object) from the floor and straighten up again without the assistance of another person but including the use of appropriate aids.

*Communicating* – the ability to:

- a) clearly hear (with a hearing aid or other aid if normally used) conversational speech in a quiet room; or
- b) understand simple messages; or
- c) speak with sufficient clarity to be clearly understood

*Reading* – having eyesight, even after correction by spectacles or contact lenses, sufficient to read a standard daily newspaper or to pass the standard eyesight test for driving. Failure for this activity would include being certified blind or partially sighted by a registered ophthalmologist.

*Dexterity* – the physical ability to use hands and fingers, such as being able to communicate effectively using a pen, pencil or keyboard.

*Responsibility and independence* – the ability to independently make arrangements to see a doctor and take regular medication as prescribed by a medical practitioner, or similarly qualified medical doctor.

*Financial competence* – the ability to recognise the transactional value of money and the handling of routine financial transactions such as paying bills or checking change when shopping.

**‘Mental Incapacity’** is defined as:

‘Organic brain disease or brain injury (confirmed by neurological investigation) which has affected the ability of the Life Assured to reason and understand and has caused deterioration to an extent that they can no longer look after themselves without the need for continual supervision and assistance of another person.’

**‘Mental Ill-health’** is defined as:

‘Severe Mental Illness Classification ICD-10 Code. To qualify, the Life Assured will be required to be under the supervision of the mental health team Care Programme Approach (CPA) at its highest level (with or without Supervision Register) or equivalent.’

In the event that the Life Assured in respect of whom Waiver of Premium Benefit is being claimed is not in paid employment (including self-employment where regular drawings are being taken) at the start of a Benefit Period then the definition of Incapacity for the purposes of this Condition shall be deemed to be the Activities of Daily Work definition.

- (iii) During any Benefit Period all monthly premiums due for payment under the Policy, for Main Benefits and Additional Benefits applicable to the Life Assured that Waiver of Premium Benefit is being claimed for, shall be provided and credited as paid by Scottish Equitable.
- (iv) (a) Where premiums are payable annually, one twelfth of the amount of each annual premium shall be provided and credited as paid by Scottish Equitable on the first day of each calendar month during the Benefit Period.
- (b) When an annual premium falls due during a Benefit Period, the Policyholder may withhold payment of the premium on the due date but will pay, at the end of the Benefit Period, the amount, if any, by which the annual premium or annual premiums due during said Benefit Period exceeds or exceed the aggregate amount so

provided by Scottish Equitable during such Benefit Period.

- (c) Where no annual premium falls due during a Benefit Period (or the sums provided by Scottish Equitable, as aforesaid, exceed the annual premium or premiums falling due) the sums so provided (or such excess if applicable) shall be deducted from the annual premium next due after termination of the Benefit Period.
- (v) All provisions of the Policy shall continue during any Benefit Period except where otherwise stated to the contrary.
- (vi) Where there is a recurrence of Incapacity from the same or a related cause, it shall be deemed to be a continuation of the Incapacity and no Deferred Period shall be applicable thereto unless an intervening period of six months has elapsed.
- (vii) Waiver of Premium Benefit shall not be provided in respect of any period occurring before Scottish Equitable receives written intimation of the claim and evidence, satisfactory to Scottish Equitable, of Incapacity.
- (viii) *Evidence of Incapacity*

Scottish Equitable shall be entitled to seek and obtain evidence of Incapacity and any other evidence as Scottish Equitable may require from time to time for the purpose hereof and, without prejudice to the foregoing generality, the following provisions shall apply:

- (a) Written evidence of Incapacity and such other evidence as Scottish Equitable may require shall be provided not later than one month after the end of the Deferred Period;
- (b) If entitled to Waiver of Premium Benefit, the Policyholder shall submit reports relating to the Incapacity of the Life Assured in a form prescribed by Scottish Equitable at such intervals as Scottish Equitable may reasonably decide and shall submit himself from time to time to medical examination by a medical officer appointed by Scottish Equitable. Where appropriate Scottish Equitable will arrange a specialist assessment or home visit by a medical or health professional relevant to the Life Assured's condition.
- (c) The Policyholder will not be entitled to any Waiver of Premium Benefit hereunder if the Life Assured fails to

seek or follow the advice of his Personal Medical Attendant or Consultant;

- (d) All evidence of Incapacity or other evidence as Scottish Equitable may require in terms of this provision shall be produced free of expense to the Policyholder and the Life Assured.

## 7. Exclusions

### (a) General Exclusions

- (i) Scottish Equitable will not pay a claim for any of the following benefits – critical illness protection, life with critical illness protection, reducing critical illness protection, reducing life with critical illness protection and total and permanent disability benefit – in the event of the Critical Illness, Total and Permanent Disability or Incapacity in respect of which the benefit is being claimed is caused directly or indirectly by any of the following:

**Drug abuse:** alcohol or solvent abuse, or the taking of drugs except under the direction of a registered medical practitioner;

**Failure to follow medical advice:** unreasonable failure to seek or follow medical advice;

**War and civil commotion:** war, invasion, hostilities (whether war is declared or not), civil war, rebellion, revolution or taking part in a riot or civil commotion.

- (ii) Scottish Equitable will not pay a claim for Waiver of Premium or Income Protection (which shall include Proportionate Benefit and Rehabilitation Benefit) in the event that the incapacity in respect of which the benefit is being claimed is caused directly or indirectly from either of the following:

**Drug abuse:** alcohol or solvent abuse, or the taking of drugs except under the direction of a registered medical practitioner;

**War and civil commotion:** war, invasion, hostilities (whether war is declared or not), civil war, rebellion, revolution or taking part in a riot or civil commotion

### (b) Suicide Exclusions

- (i) Scottish Equitable will not pay a claim for any of the Main Benefits in the event that the Life Assured has died as a result of their own actions (whether or not at the time of such action they were sane or insane) within 12 months of the Policy Start Date or, if later, the date on which a particular benefit starts or the Benefit Amount for a particular benefit is increased.

- (ii) This exclusion shall not apply, to the extent of the amount required to redeem the loan, where the Policy is either assigned to or deposited with a lender in security of a loan or where a lender is able to provide to Scottish Equitable evidence that it was a pre-condition of a loan being granted that the Policy be taken out, which Policy would provide sufficient funds to enable the loan to be repaid in the event of the death of the Life Assured during the term of the loan.

### (c) HIV and AIDS Exclusions

- (i) (a) No Income Protection (which shall include Proportionate Benefit and Rehabilitation Benefit), Total and Permanent Disability Benefit or Waiver of Premium Benefit will be payable if the Total and Permanent Disability or Incapacity, as defined in the Policy Schedule and in Conditions 4(g), 6(a) and 6(c), in respect of which the claim is made, is caused directly or indirectly from infection with Human Immunodeficiency Virus (HIV) or conditions due to any Acquired Immune Deficiency Syndrome (AIDS).
- (b) The exclusion in (a) above will not apply in the event that infection was caused by one of the following:

#### (1) Physical Assault

Where the Life Assured is the victim of a physical assault involving involuntary contact with either a hypodermic needle or an infected sharp instrument or sexual assault (without consent). The following conditions will apply for this exemption to the above exclusion to apply:

- The incident of physical assault must have taken place in the UK, Channel Islands or Isle of Man following the Policy Start Date.
- The incident must be reported to a UK, Channel Islands or Isle of Man police station within five days of it taking place.
- A test showing no HIV or HIV Antibodies must be made within five days of the incident.
- A second test showing infection by HIV or AIDS must be made within 12 months of the incident.



(2) *Blood Transfusion*

Where the Life Assured is infected with HIV or AIDS and has contracted the infection from a blood transfusion in the UK, Channel Islands or Isle of Man after the Policy Start Date.

(3) *Occupation*

Where the Life Assured contracts the HIV or AIDS infection during the normal course of their duties of any occupation which provides accident and emergency, medical, dental or nursing services to the general public, armed forces, police force or prison services. The infection must have resulted from contact with an infected person or medical instrument in the UK after the Policy Start Date. The infection must be reported, investigated and documented according to the relevant notification requirements relating to the particular occupation.

- (ii) No Critical Illness Protection Benefit and Reducing Critical Illness Protection Benefit will be payable if the Critical Illness, in respect of which the claim is made, is a Terminal Illness and is caused directly or indirectly from infection with Human Immuno-deficiency Virus (HIV) or conditions due to any Acquired Immune Deficiency Syndrome (AIDS).

(d) **Residency Exclusions**

- (i) A Life Assured will remain covered for any of Critical Illness Protection, Life with Critical Illness Protection, Reducing Critical Illness Protection, Reducing Life with Critical Illness Protection, Income Protection, Total and Permanent Disability Benefit and Waiver of Premium Benefit while he is a permanent resident of either the United Kingdom, the Channel Islands or the Isle of Man.
- (ii) (a) In the event that a Life Assured travels or lives temporarily outwith the United Kingdom, the Channel Islands or the Isle of Man for a period exceeding 13 weeks during any 12-month period, then cover for the benefits stated in (i) above will be excluded.
- (b) The exclusion detailed in (ii)(a) above shall not apply to Life with Critical Illness Protection or Reducing Life with Critical Illness Protection in the event of the death of the Life Assured unless the Policy Schedule states otherwise.

- (iii) The 13-week period stated in (ii) will be extended to 26 weeks during any 12-month period where the Life Assured is travelling within or is living temporarily in any one or more of the following countries:

Andorra, Austria, Belgium, Denmark, Finland, France, Germany, Greece, Iceland, Italy, Liechtenstein, Luxembourg, Monaco, the Netherlands, Norway, Portugal, the Republic of Ireland, San Marino, Spain, Sweden, Switzerland, Turkey, the Vatican City State, the USA, Canada, Australia, New Zealand.

- (iv) On written application by the Policyholder to Scottish Equitable the periods stated in (ii) and (iii) above may, at Scottish Equitable's sole discretion, be extended by such additional period as Scottish Equitable deems appropriate and subject to such additional terms and conditions as Scottish Equitable may require at the time.

**8. Special Circumstances**

If, during the term of the Policy, legislation (including delegated legislation and statutory instruments) or other circumstances make it impractical or impossible to give full effect to these conditions and the provisions of the Policy or if the basis of taxation applicable to Scottish Equitable is altered, Scottish Equitable may make such alterations to the Policy and the conditions as the Actuary deems appropriate in the circumstances.

**9. Miscellaneous**

(a) **Notices and Claims**

Scottish Equitable will not be required to accept or act upon any claim under the Policy, request or instruction validly made under these Conditions until it has received at its office at Ballam Road, Lytham St Annes, Lancashire FY8 4JZ or at its Registered Office from time to time, written notification thereof and any documents and information which Scottish Equitable may require.

(b) **Evidence of Critical Illness or Total and Permanent Disability**

Scottish Equitable shall be entitled to seek and obtain evidence of the Critical Illness or Total and Permanent Disability and any other evidence as Scottish Equitable may reasonably require and, without prejudice to the foregoing generality, the following provisions shall apply:

- (i) Written evidence of Critical Illness or Total and Permanent Disability and such other evidence as Scottish Equitable may reasonably require shall be produced not later

than one month after written notification of the Critical Illness or Total and Permanent Disability is received by Scottish Equitable.

- (ii) The Policyholder shall submit reports relating to the Critical Illness or Total and Permanent Disability of the Life Assured in a form approved by Scottish Equitable, and the Life Assured shall submit himself to a medical examination by a medical officer appointed by Scottish Equitable.
- (iii) All evidence of Critical Illness or Total and Permanent Disability or other evidence as Scottish Equitable may require shall be produced free of expense to the Policyholder and the Life Assured.

**(c) Notice of Occupation Prior to Claim**

- (i) This condition shall apply in the event that the Policyholder is at any time covered for any of Critical Illness Protection, Life with Critical Illness Protection, Reducing Critical Illness Protection, Reducing Life with Critical Illness Protection, Income Protection, Total and Permanent Disability Benefit and Waiver of Premium Benefit.
- (ii) In the event that the Life Assured changes his occupation, from that disclosed to Scottish Equitable on the application for any of the benefits stated in (i) above, then the Policyholder shall be under an obligation to notify Scottish Equitable, in writing, at the time of making a claim for any of these Benefits, of the precise details of the occupation that he was carrying out immediately prior to the claim being made for any of these Benefits.
- (iii) Scottish Equitable will assess claims for any of the Benefits stated in (i) above on the basis of the ability of the Life Assured to carry out the occupation that he was doing immediately prior to the claim being made.

**(d) Agreement of Scottish Equitable**

Where under these Conditions, the agreement, consent or approval of Scottish Equitable is required, such agreement, consent or approval shall not be deemed given unless and until same is confirmed in writing by Scottish Equitable.

**(e) Law and Jurisdiction**

- (i) Every assurance effected with Scottish Equitable by any person described in the Policy evidencing the same as of any place in the United Kingdom shall be deemed to have been effected in that part of the United Kingdom with an insurance company having its domicile and head office there, notwithstanding that it may appear on the face of the policy that the assurance was not in fact effected in that part of the United Kingdom, and in regard to every such assurance and all matters connected therewith Scottish Equitable shall be subject to the jurisdiction of the courts of law in the part of the United Kingdom in which it is deemed to have been effected.
- (ii) Any assurance effected with Scottish Equitable which does not fall within the preceding sub-paragraph (i) shall be governed by the Law of Scotland and the Policyholder and Scottish Equitable shall submit to the non-exclusive jurisdiction of the Scottish courts.

## APPENDIX

### *Critical Illness Definitions*

#### **Alzheimer's Disease**

Deterioration or loss of intellectual capacity or abnormal behavior (as evidenced by the clinical state and accepted standardised questionnaires or tests) arising from Alzheimer's disease or irreversible organic degenerative disorders, excluding neurosis and psychiatric illnesses, resulting in significant reduction in mental and social functioning requiring continuous supervision. The diagnosis must be made by a consultant neurologist holding an appointment at a major hospital in the UK.

#### **Angioplasty**

The undergoing of any interventional technique, on the advice of a Consultant Cardiologist, involving the use of transluminal coronary catheters to correct significant stenosis (at least 50% diameter narrowing) of two or more coronary arteries. Appropriate angiographic evidence to support the necessity of the above operation will be required.

#### **Aorta Graft Surgery**

Undergoing surgery, including keyhole surgery, for disease of, or trauma to the aorta needing excision and surgical replacement of a portion of the diseased or damaged aorta with a graft. For this definition, aorta means the thoracic and abdominal aorta but not its branches.

#### **Aplastic Anaemia**

Permanent bone marrow failure, which results in all of anaemia, neutropenia and thrombocytopenia requiring treatment with at least one of the following:

- Blood transfusion
- Marrow stimulating agents
- Immunosuppressive agents
- Bone marrow transplant

#### **Bacterial Meningitis**

Diagnosis of inflammation of the meninges of the brain, associated with bacterial infection. The disease may take a primary, post-infectious or parainfectious form. The inflammation must result in significant complications lasting at least three months, which include permanent neurological deficit, which must be confirmed by a Consultant Neurologist. Permanent neurological deficit must include at least one of the following: blindness, deafness, speech disorders or hemiplegia.

#### **Benign Brain Tumour**

A non-malignant tumour in the brain resulting in permanent deficit to the neurological system. Tumours or lesions in the pituitary gland are not covered.

#### **Blindness**

Total, permanent and irreversible loss of all sight in both eyes.

## **Cancer**

Any malignant tumour characterised by the uncontrolled growth and spread of malignant cells and invasion of tissue. The term cancer includes leukaemia and Hodgkin's disease but the following are excluded:

- All tumours which are histologically described as pre-malignant, as non-invasive or as cancer in situ.
- All tumours of the prostate unless histologically classified as having a Gleason score greater than six or having progressed to at least TNM classification T2N0M0.
- All forms of lymphoma in the presence of any Human Immunodeficiency Virus.
- Kaposi's sarcoma in the presence of any Human Immunodeficiency Virus.
- Any skin cancer other than invasive malignant melanoma.

#### **Cardiomyopathy**

The unequivocal diagnosis by a Consultant Cardiologist of Cardiomyopathy causing impaired ventricular function and resulting in physical impairments to the degree of class IV of the New York Association Classification of cardiac impairment. Additionally, an ejection fraction of less than 25% should be sustained over at least six months when stabilised on therapy advised by the Consultant. Cardiomyopathy directly related to alcohol or drug misuse is excluded.

#### **Coma**

A state of unconsciousness with no reaction to external stimuli or internal needs, persisting continuously with the use of life support systems for a period of at least 96 hours and resulting in permanent neurological deficit.

#### **Coronary Artery Bypass Surgery**

The undergoing of open-heart surgery on the advice of a Consultant Cardiologist to correct narrowing or blockage of one or more coronary arteries with bypass grafts, but excluding laser relief or any other procedures.

Refer also to Angioplasty definition.

#### **Creutzfeldt-Jakob Disease (CJD)**

Deterioration or loss of intellectual capacity or abnormal behaviour (as evidenced by the clinical state and accepted standardised questionnaires or tests) arising from Creutzfeldt-Jakob disease or irreversible organic degenerative disorders, excluding neurosis and psychiatric illnesses, resulting in significant reduction in mental and social functioning requiring continuous supervision. The diagnosis must be made by a Consultant Neurologist holding an appointment at a major hospital in the UK.

#### **Deafness**

Total, permanent and irreversible loss of all hearing in both ears.

### **Dementia**

Deterioration or loss of intellectual capacity or abnormal behaviour (as evidenced by the clinical state and accepted standardised questionnaires or tests) arising from Dementia or irreversible organic degenerative disorders, excluding neurosis and psychiatric illnesses, resulting in significant reduction in mental and social functioning requiring continuous supervision. The diagnosis must be made by a Consultant Neurologist holding an appointment at a major hospital in the UK.

### **Heart Attack**

The death of a portion of heart muscle, due to inadequate blood supply, that has resulted in all of the following evidence of acute myocardial infarction:

- typical chest pain
- new characteristic electrocardiographic changes
- the characteristic rise of enzymes, troponins or other biochemical markers

where all of the above show a definite acute myocardial infarction. Other acute coronary syndromes, including but not limited to angina, are not covered under this definition.

### **Heart Valve Replacement Or Repair**

Undergoing open-heart, closed or keyhole surgery from medical necessity to replace or repair one or more heart valves.

### **HIV/AIDS as a result of a physical assault**

Infection with the Human Immuno-deficiency Virus (HIV) where infection is acquired as a result of a physical assault on the Life Assured in the UK, Channel Islands or Isle of Man, involving a needlestick injury, injury with a sharp instrument or by mucous membrane exposure to blood or blood-stained body fluid. The incident must be reported to the police within five days of its occurrence. A test showing no HIV or HIV antibodies must be carried out within five days of the incident and this must be followed up by another test within 12 months indicating the presence of infection by HIV or AIDS.

### **HIV/AIDS for named occupations**

Infection by Human Immuno-deficiency Virus (HIV) only if the Life Assured's occupation is in the list opposite and if we are satisfied that the infection was caused by an accidental injury by a sharp instrument or by exposure to blood or blood-stained body fluid, which occurred during the 12 months preceding diagnosis but after the Policy Start date and that it occurred while the Life Assured was following the normal duties of that occupation. In addition, it shall be a particular condition that the procedures below are followed by the Life Assured after the accident occurs:

- (a) The accident was reported in accordance with the established procedures for such an accident and that any subsequent actions or measures detailed within those procedures were followed. For this

purpose, the definition of 'established procedures' are procedures which have been put in place by an appropriate authority at the location of the accident in question.

- (b) Within five days of the accident, the Life Assured underwent a blood test and this blood test indicated the absence of any HIV or antibodies to such a virus.
- (c) Within 10 days of the accident, the circumstances of the accident were reported in full to Scottish Equitable plc at Ballam Road, Lytham St Annes, Lancashire FY8 4JZ, and it was reported that the blood test referred to in (b) above had been undergone.
- (d) A further blood test, within 12 months of the accident, indicated the presence of HIV or of antibodies to such a virus.

In the event that the above procedures are not followed, any Claim under this section will be automatically voided.

The list of occupations referred to above comprises:

- hospital doctors, surgeons and consultants
- hospital nurses
- hospital laboratory technicians
- hospital porters
- hospital caterers
- hospital cleaners
- general practitioners and nurses employed by them
- fire brigade workers
- dental surgeons
- dental nurses
- district nurses
- midwives
- paramedics
- ambulance workers
- hospital laundry workers
- policemen and policewomen
- prison officers

### **HIV/AIDS from blood transfusion**

Contraction of any Human Immuno-deficiency Virus (HIV) through blood transfusion received in the UK, Channel Islands or Isle of Man, after the policy start date. There must be clear evidence satisfactory to Scottish Equitable's Chief Medical Officer that the virus was acquired in this way.

### **Kidney Failure**

End stage renal failure presenting as chronic irreversible failure of both kidneys to function, as a result of which either regular renal dialysis or renal transplant is initiated.

**Liver failure**

End-stage liver failure due to cirrhosis and resulting in all of the following:

- Permanent jaundice
- Ascites
- Encephalopathy

**Loss of Limbs**

The permanent physical severance of two or more limbs from above the wrist or ankle joint.

**Loss of Speech**

Total, permanent and irreversible loss of the ability to speak as a result of physical injury or disease.

**Major Organ Transplant**

The actual undergoing as a recipient of, or inclusion on an official UK waiting list for, a transplant of a heart, kidney, liver, lung, pancreas or bone marrow.

**Motor Neurone Disease**

Confirmation by a Consultant Neurologist of a definite diagnosis of Motor Neurone Disease.

**Multiple Sclerosis**

A definite diagnosis by a Consultant Neurologist of Multiple Sclerosis, which satisfies all of the following criteria:

- there must be current impairment of motor or sensory function, which must have persisted for a continuous period of at least six months.
- the diagnosis must be confirmed by diagnostic techniques current at the time of the claim.

**Paralysis/Paraplegia**

Total irreversible loss of muscle function or sensation to the whole of any two limbs as a result of injury or disease. The disability must be permanent and supported by appropriate neurological evidence.

**Parkinson's Disease**

Confirmation by a Consultant Neurologist of a definite diagnosis of Parkinson's Disease.

**Progressive Supra Nuclear Palsy**

Confirmation by a Consultant Neurologist of a definite diagnosis of Progressive Supra Nuclear Palsy.

**Stroke**

A cerebrovascular incident resulting in permanent neurological damage. Transient Ischaemic Attacks are specifically excluded.

**Terminal Illness**

Advanced or rapidly progressing incurable illness where, in the opinion of an attending Consultant and Scottish Equitable's Chief Medical Officer, the life expectancy is no greater than 12 months.

**Third-degree Burns**

Third-degree burns covering at least 20% of the body surface area.





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